

# **SLOW DOWN & CONNECT TO GOD AS REVEALED IN NATURE**

“The Lord is close to all who call on Him, yes, to all who call on him in truth.” Psalm 145:18 (NLT)

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## **Day #1**

God has created everything. Everything that we touch, see, smell and taste can all be sourced back to God as the Creator. The trees, the brush, the sky, the water, the hills, all of it comes from God. Thankfully, God has chosen to reveal certain parts of Himself through His creation. These questions and challenges are designed to open your eyes to these often overlooked characteristics of God. Be encouraged and keep moving forward.

Since we know that God has indeed created everything and we know that God can choose to reveal Himself in any way He chooses, take some time think about how God may be revealing Himself through the following aspects of nature.

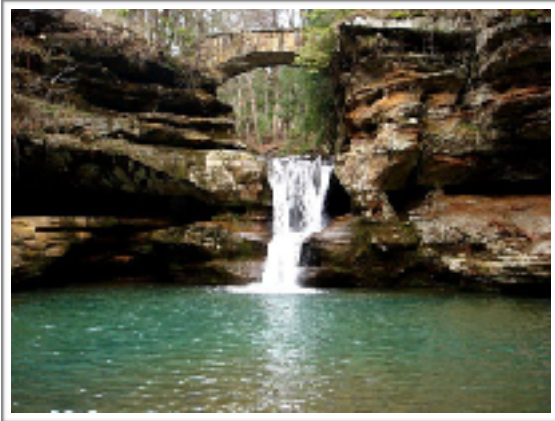
Use your Bible to find Scripture verses that back up what you're thinking:



**Rocks:**



**Trees:**



**Water:**



**Caves:**

**John 1:3 says, “Through him all things were made; without him nothing was made that has been made.”**

**Job 12:7-10 says, “But ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth, and it will teach you, or let the fish in the sea inform you. Which of all these does not know that the hand of the LORD has done this? In his hand is the life of every creature and the breath of all mankind.” (NIV)**

**Take some time to thank God for His qualities and characteristics. Pray that God would continue to reveal Himself to you and that you would be sensitive to see His work and protection in your life.**

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## **Day #2**

Find a spot, somewhere that you can allow the noise of life, work, family and responsibilities to fade away. The instructions are simple: find your spot and just be quiet. Take a journal, a pen, your Bible and just be quiet. Allow the presence of the Lord to speak to your heart.

Below are some questions to get you thinking:

- Think for a moment about the massiveness of what you see around you. Think about the variety, think about the processes and systems that have to occur every second of everyday, since the beginning of time for all of this to have been created and continue working. Photosynthesis, root systems, water erosion, seasonal changes, etc. This didn't just happen, this was **CREATED**. In the same way that He sustains nature, He sustains you and I everyday. How has God sustained you?
- Think for a moment about the animals around you (hopefully nothing big) that are nourished and taken care of, not by human hands but by God Himself. Be reminded of Matthew 6:26, “Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?” (NIV) How is God reminding you that you are valuable to Him?

- **Think for a moment about the freshness of the air. It's crisp & clean. What area of your life is God calling you to freshen & clean up? What area of life has become stagnant?**